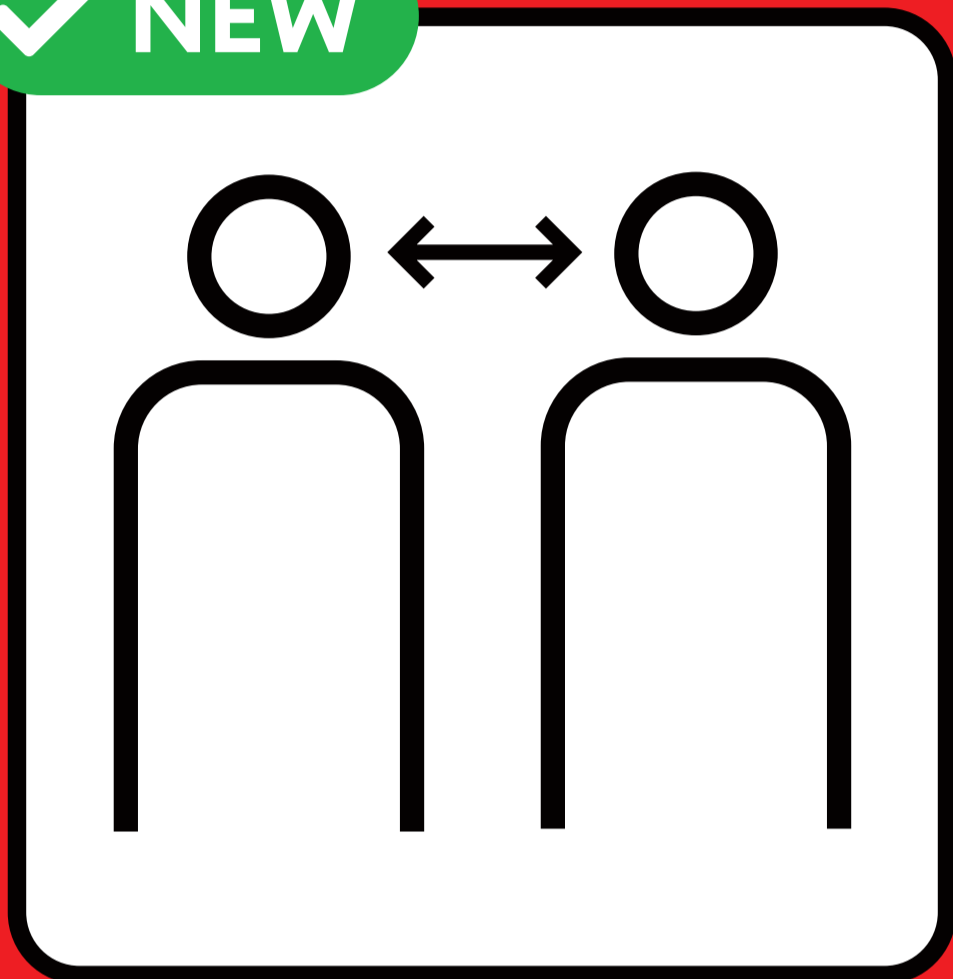


## PROTECT YOURSELF AND OTHERS



✓ NEW



### Keep your distance.

For example:

- Protect the elderly by keeping a safe distance.
- Keep your distance from others in a queue.
- Keep your distance at meetings.

### STILL IMPORTANT:



Wash your hands thoroughly.



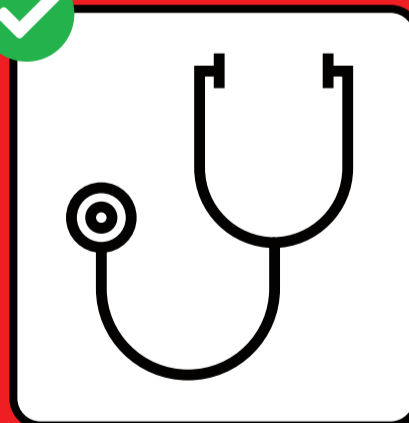
Avoid shaking hands.



Cough and sneeze into a tissue or the crook of your arm.



Stay at home if you have got a high temperature and a cough.



Always call ahead before going to the doctor's or the emergency department.

[www.foph-coronavirus.ch](http://www.foph-coronavirus.ch)



Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra

Swiss Confederation

Bundesamt für Gesundheit BAG  
Office fédéral de la santé publique OFSP  
Ufficio federale della sanità pubblica UFSP  
Uffizi federal da sanadad publica UFSP